

90+ Project Pre-Season Parent Orientation Meeting



Parent Meeting Preparation

- Invite Parents / Guardians / Adults to attend
 - send invite early (athlete attendance optional)
- Hold the meeting as early as possible;
 - after the team formed, before the season begins, or start of season.
- Have necessary handouts prepared for the meeting
- Keep the meeting as brief as necessary and possible

Parent Meeting

Introduction

- Introduce: Self / Assistant Coach / Team Manager
- State your experience, years coaching, qualifications, etc.

90+ Project Introduction

- If team is new to 90+, review the purpose, core values, etc
- Clearly explain the youth development side of the 90+ Project.

Coaching Philosophy / Methodology

- Explain your coaching philosophy
- Describe your reasons and passion for becoming a coach
- State your team objectives / season goals
- Review your methods of coaching
- Outline your WHOLE person player development
- Describe a typical training session

League & Training Info / Rules of the Game

- Describe the league, level of play, hopes, etc
- Training Locations / times / etc
- Travel and Tourney Info
- Emphasize any special areas of focus on Rules or Rule Changes

Player Responsibilities

- Expectations (training, travel, commitment)
- Equipment needs
- Fitness, Sleep, Eating, Grades, etc.

Parent Expectations

- Conduct, No Coaching, Players need to make decisions
- Respect of team, players, opposing parents, referee, coach, etc
- Team Snap
- Player's Health - injuries, medical conditions, etc.
- Good Communication

Coaching Commitments

- Ethics, conduct, your commitments to them and their child.

Questions

- Leave plenty of time so parents can ask you any questions or get clarification

Closing

- Reiterate coaching philosophy, expectations, hopes
- Express gratitude for their trust in you as a coach and for their support